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Positive-Parenting Course

Dear parents / carers,

I will be running an 8 week parenting course for parents and carers starting on 25th May 2016. It is designed to bring a balance of firmness and empathy to help you sharpen your parenting skills. At the end of the course you will achieve greater competence, as well as confidence, and children will gain self-control and learn to follow family rules.

I feel much better about tackling issues at home

Previous attendees have been surprised at the difference small changes can make; some of their comments are shown on this page.

...my children's reactions are much better since I have changed my approach

The sessions are in an informal setting with some instruction on a parenting technique, group discussion and homework (to practice techniques discussed). Each week builds on the previous week's technique, as such all eight weeks of the course are important. Tea and coffee are provided.

Each session is from 13:00 to 14:00 on 25th May; 8th June; 15th June; 22nd June; 29th June; 6th July; 13th July; 20th July.

This course has helped me understand myself and my family's needs much better.

If you would like to come along please complete the slip below, or if you want to know more you can find me in the Reception playground most mornings. Why not come to the first session and find out if this course is for you?

Clare Evans

I would like to come along to the 8 week positive-parenting course starting on 25th May.

Name: _____

Telephone number _____